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To: Eddie Brown
Subject: July Employee Newsletter

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JULY 2019 EMPLOYEE NEWSLETTER

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Reminder of Safety Shoe Policy

Employees who are required to wear safety shoes are reminded to obtain authorization from the Department Head prior to purchasing shoes. With authorization, an employee may purchase approved safety shoes **up to \$150.00** and should do so between July 15 and October 15. The Safety Shoe Policy is available from the Human Resources Department.

Hearing Test Schedule For Covered Employees

Please be sure to schedule your hearing test if you are required to be evaluated as a part of your duties. Tests are scheduled to occur September 16-18 and you will need to schedule your appointment in advance. Look for the schedule times to be made available very soon.

Athletic Trainer to Begin Extended Hours on Thursdays

Great News!

Joe will be here ALL DAY each Thursday to better serve employees beginning August 15th!

8am-5pm with an hour lunch



Joe Mullins, M.Ed., LAT, ATC

City of Asheboro employees with musculoskeletal (muscles, tendons, joints) aches and pains can schedule an appointment by calling the City Nurse at (336) 626-1234 x2509.

Athletic Trainers are licensed health care providers trained in the care and management of musculoskeletal injuries and pain. For more information about Joe please visit [.joemullinsatc.com](http://joemullinsatc.com) or www.athletictrainingandconditioning.com.

Police Department Looks Forward to National Night Out

National Night Out will be on August 6 this year. The Police Department plans to join with residents in various neighborhoods for this annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. Below are some of the locations participating in the event; more

neighborhoods are expected to

City of Asheboro



National Night Out



August 6, 2019

6:00-8:00 p.m.

221 Cliff Rd, Asheboro NC

627 Brewer Street, Asheboro NC

330 W. Presnell Street, Asheboro NC

515 Hamlin Street, Asheboro NC

1000 Sherwood Avenue, Asheboro NC



Nextdoor

Download Nextdoor App and get plugged into a community near you.

get involved.

Staying Hydrated on the Job

STAYING HYDRATED ON THE JOB

4 KEYS: PREPARE, WATER, REST, SHADE

- **CHECK** the heat forecast for the day and prepare
- **WEAR** clothes and protective gear to keep you cool
- **CONSIDER** water-dampened or reflective clothing, cooling vests
- **WEAR** sunscreen and sun-shading hats when possible
- **KEEP** water nearby and drink small amounts often; Try to drink a cup of water every 15 minutes
- **TAKE** scheduled rest breaks in air-conditioned or cool, shaded areas
- **REMOVE** unneeded protective equipment while on break
- **BE A “BUDDY”**— watch for co-workers' heat-related illness symptoms

Call 911 immediately for heat-related illness (HRI) and give first aid until the ambulance arrives.

FACTS

Dehydration Can Happen Anywhere

HRI are not exclusive to people working outdoors — many indoor workers are exposed to extreme heat, leaving them susceptible to dehydration and heat stress.



Dehydration Symptoms

- Thirst
- Fatigue
- Muscle cramps
- Headache



For more information on this and other safety topics, please log on to the member-exclusive website at nsc.org

Source: *Safety+Health*® Magazine, June 29, 2015

Proud Member

July Birthdays

Walker Moffitt	Logan Conner
Tony Maness	Jeffrey Edmisten
Tim Marley	Eddie Howell
Randy Robbins	Matt Kiser
William Callahan	Olivia Morris
Ben Hicks	Jody Williams
Brian Lewis	Chad Brady
Chad Prine	Jeff Joyce
Alex Snider	Todd Snider
Mj Auman	David Wilburn
Robbie Brown	Christian Boggs

Promotions/Hires/Transfers/Years of Service

July promotions:

Perla Gatling – Water Billing – Billing and Collections Clerk 1 to 2
Dean Richardson – Public Services – Foreman 1 to 2
Holden Caviness – Public Services – Equipment Operator 1 to 2
Daniel Shropshire – Police – MPO to Sergeant
Charles Burrow – Police – Sergeant to Master Sergeant
Jacob Kennedy – Police – MPO to Sergeant
Clay Brady – Water Maintenance – W/S Tech 2 to 3
Jason Wilkins – Water Maintenance – W/S Tech 1 to Water Quality Cross Connection Specialist
Kyle Martin – Wastewater Maintenance – W/S Tech 1 to 2

June/July New Hires:

Aaron Smith – Water Maintenance – W/S Tech 1
Tina Lee – Cultural & Recreation Services – Office Assistant
Sarah Burns – Water Billing – Billing and Collections Clerk 1

August Years of Service

Jerinza Torain – Police – 5 years

Jeremy Sudduth – Police – 10 years

Steve Bigham – Fire – 20 years

Keith Garner – Facilities – 20 years

Congratulations

Cody Williams (Water Plant Operator) passed his Drinking Water Operator Certification C Surface exam.

Marriages

Curtis Short (IT Dept.) and Sandra Lannert were married on April 24, 2019.

Condolences

Tim Hussey's (Fire Dept.) father, Donald Eugene Hussey, passed away Friday, June 7, 2019.

Marnita Brower's (Fleet Maintenance) mother, Ruth Burnette Marley, passed away Sunday, June 16, 2019.



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